

# Winter 2023 Pantry Needs List

interfaith  
community services

Help us stock our Pantry with essential items for families and individuals in a food emergency

(Items of greatest need are listed in **bold**!)

## **FOOD ITEMS**

- Cases of bottled water
- Drinks (juices, sports drinks, drink mix, coffee, etc.)
- Jelly/jam
- Protein/meal shakes
- Snacks (chips, fruit cups, cookies, granola bars, fruit snacks, etc.)
- Cup of Noodles & Ramen
- Shelf stable milk/non-dairy milk
- Pastas
- Cereal & other breakfast items
- Trail mix & glycemic-friendly foods
- Macaroni & Cheese
- Hearty soups, stews, and chilis
- Fresh/frozen meats
- Dry mixes (muffins, cornbread, instant mashed potatoes, etc.)
- Rice and beans (small packs)
- Canned goods (chicken, tuna, beans, fruit, etc.)

## **BABY ITEMS**

- Diapers (Sizes 5, 6)
- Baby wipes
- Pull-Ups (2T-3T; 4T-5T)
- Baby formula
- Baby food

## **DROP-OFF DONATIONS**

Weekdays from 7:30am-4pm  
Interfaith Community Services  
550 W. Washington Ave  
Escondido, Ca 92025  
*Enter from Quince St driveway*

## **HYGIENE ITEMS**

- Deodorant
- Shampoo & conditioner
- Toothbrushes
- Toothpaste
- Razors
- Soap & shower gel
- Pads & tampons
- Sunscreen & Chapstick
- Small packages of wipes

## **SUPPLEMENTAL ITEMS**

- Paper towels
- Toilet paper
- Can openers
- Laundry detergent (Pods)
- First Aid Kits
- Sleeping Bags
- Rain Ponchos/ Jackets
- Blankets
- Cat/dog food
- Men's boxer briefs
- Women's undergarments

## **FOR MORE INFORMATION**

### **CONTACT:**



Sarah Cho  
In-Kind Specialist  
(760) 270-1366

In-Kind Donations Team  
(760) 215-9637  
donations@interfaithservices.org



Purchase on  
Amazon!  
Have your donation  
delivered directly  
to Interfaith.



## **MONETARY DONATIONS**

Visit:  
[www.interfaithservices.org/donate](http://www.interfaithservices.org/donate)

Monetary donations enable  
Interfaith to purchase priority  
items at a discounted price



Follow us!



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# Winter 2023 Make It a Home Needs List

Give essential items to case managed families who have recently secured housing

**interfaith**  
community services

(Items of greatest need are listed in **bold**!)

## **KITCHEN**

*New or Lightly Used*

- New **kitchen supplies** (dish soap, paper towels, napkins, plastic wrap, Tupperware, sealable containers, coffee filters)
- New **small kitchen appliances** (toaster, coffee maker, microwave oven)
- Kitchen/dining room table & chairs (can be new or lightly used)
- New flatware/dinnerware sets
- New pots, pans, and lids

## **LIVING ROOM**

*New or Lightly Used*

- **Coffee tables**
- Small couch/ loveseat
- Recliners/chairs
- Flat screen TV; TV stand

## **BEDROOM**

*New or Lightly Used*

- **Night stand/bedside tables**
- New sheets (twin and full only)
- New blankets (twin and full only)
- New **pillows & pillow cases**
- New laundry hamper
- Chest or drawers
- Lamps

## **FOR MORE INFORMATION**

Please call regarding donation pick ups:

In-Kind Donations Team  
(760) 215-9637

donations@interfaithservices.org



## **BATHROOM**

*New Only*

- Shower curtain & hooks
- **Bathroom towel sets**
- Toilet brushes
- Bath mats
- Soap dish/ dispenser
- Toothbrush holder

## **SUPPLEMENTAL ITEMS**

*New Only*

- Laundry detergent
- Swiffer Sweeper/mop
- Trash cans
- Cleaning supplies (bleach, all-purpose cleaning spray, glass cleaner, disinfectant wipes)
- Sponges, dish/hand towels
- Broom & dust pan
- Light bulbs/extension cords

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